

People with MS-fatigue sought for national research trial

A randomised controlled trial of treatment approaches for multiple sclerosis fatigue

Fatigue is a commonly occurring symptom of MS and for a majority of people is among their worst symptoms.

What is the purpose?

The trial will compare two non drug treatments for managing fatigue:

- A group-based fatigue management programme
- Current local best practice

Where is it taking place?

This is an NHS-based trial funded by the MS Society. It will take place in Dorset, Southampton and Bristol

Who can take part?

People who:

- Are over 18 years
- Have a confirmed diagnosis of MS
- Are able to walk 20 metres or more
- Have fatigue that is impacting on your daily life

Interested in finding out more?

If you live in any of the following areas (Dorset, Bristol, Southampton) and are interested in finding out more, please contact Angela Davies Smith on 0117 928 6332 or by e-mail angela.davies-smith@ubht.nhs.uk for an information pack.